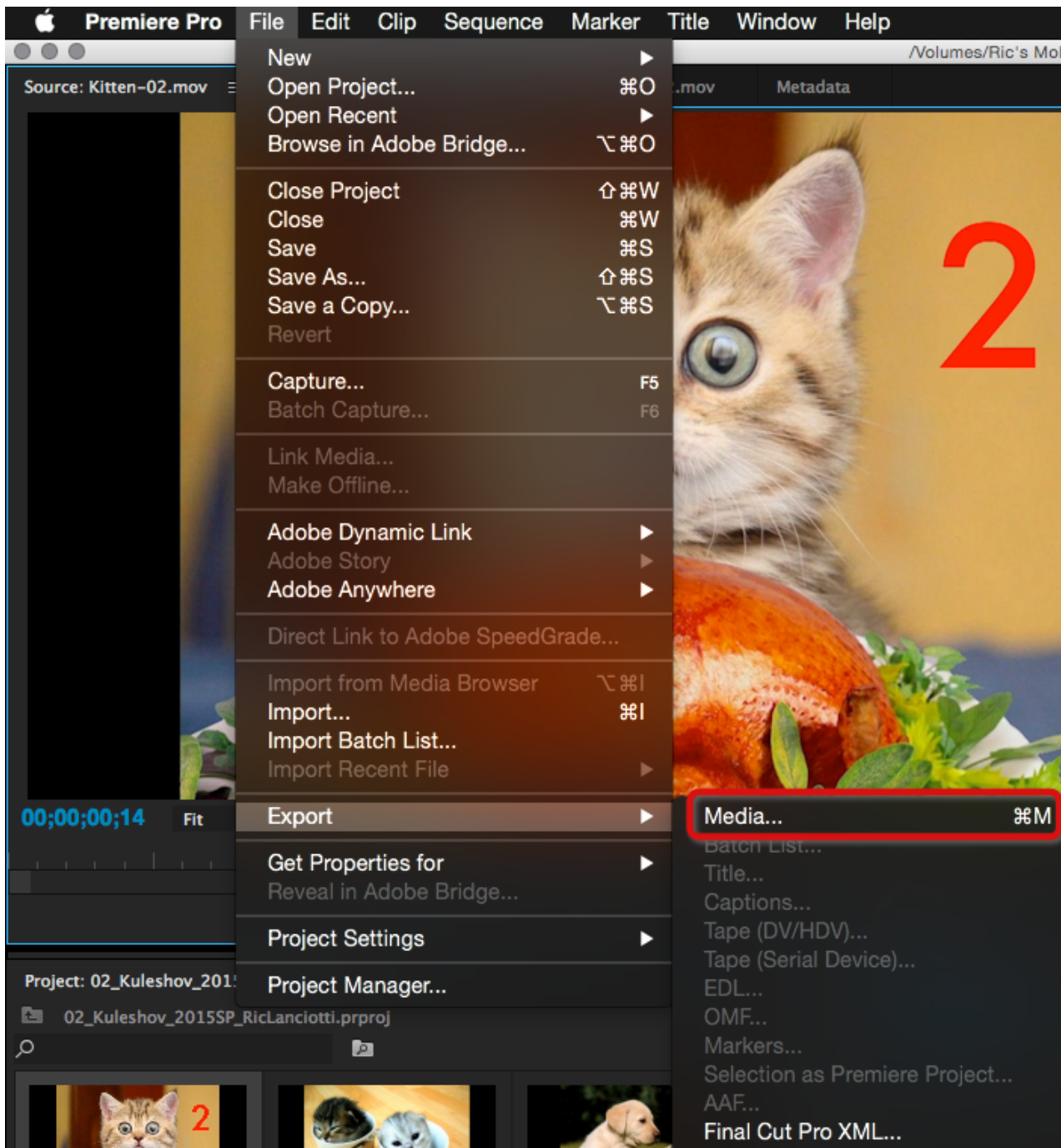


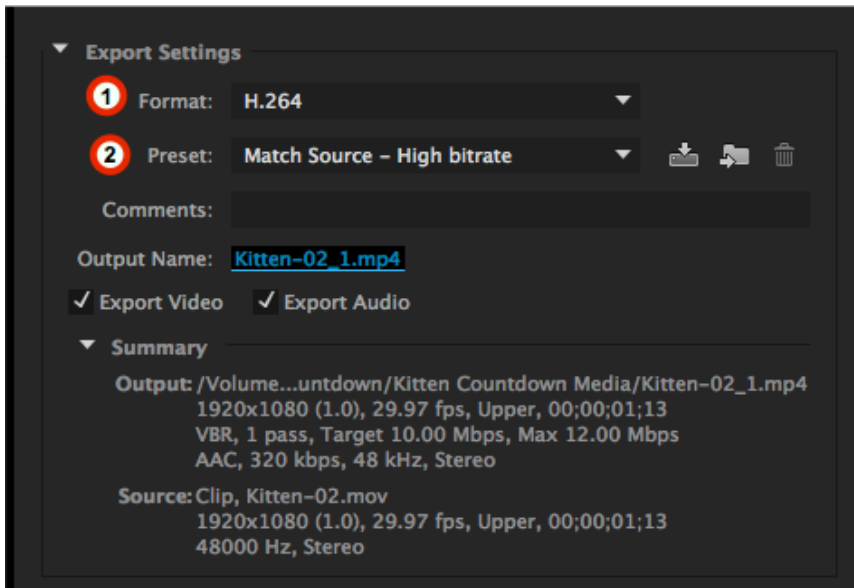
Exporting from Premiere Pro

- Choose File > Export > Media or press COMMAND M
- Choose 'H.264' and 'Match Source - High bitrate' as your format and Preset
- Click on 'Output Name' and name your movie using proper naming conventions. Make sure to check where you're saving the movie before clicking 'Save'.
- Click on the 'Export' button.
- Depending on the length of your piece an encoding window will pop up telling you how much time you have.

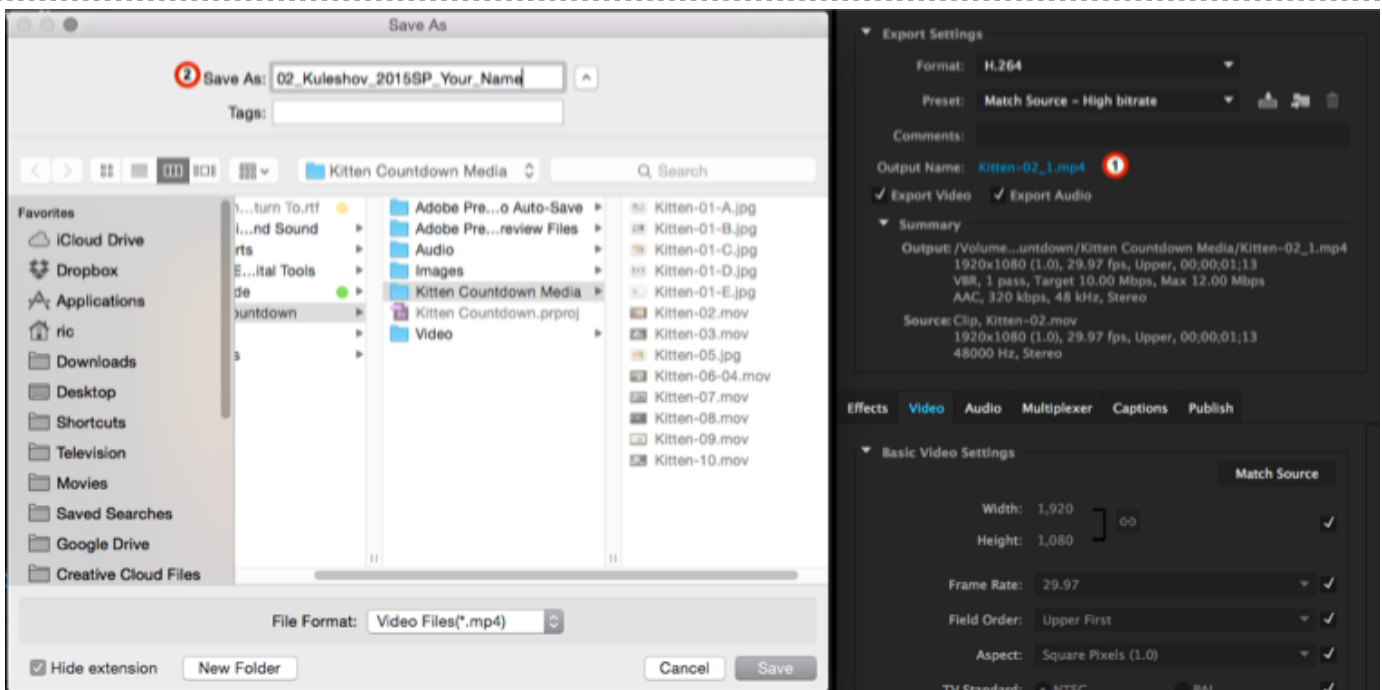
1. Choose File > Export > Media or press COMMAND M



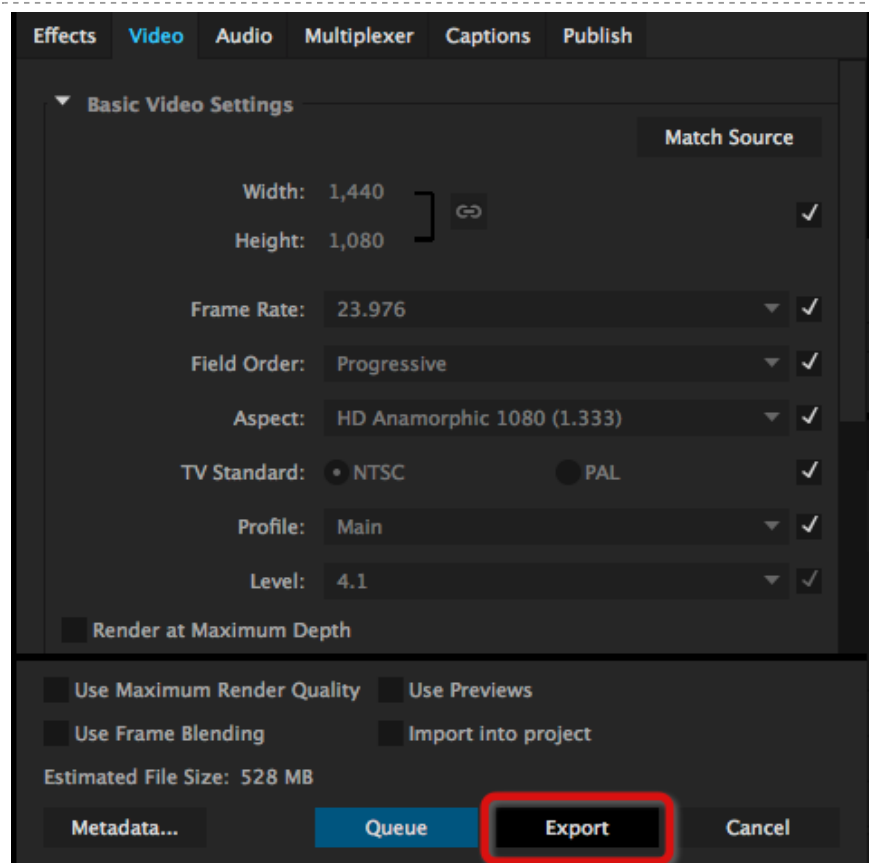
2. Choose 'H.264' and 'Match Source - High bitrate' as your format and Preset



3. Click on 'Output Name' and name your movie using proper naming conventions. Make sure to check where you're saving the movie before clicking 'Save'.



4. Click on the 'Export' button.



5. Depending on the length of your piece an encoding window will pop up telling you how much time you have.

