Sometimes Audition won't let you import an mp3 file this is usually because the sample rate is too low. You can fix this by exporting out at a higher bitrate using Adobe Media Encoder.

Open Adobe Media Encoder CC



Drag your audio file into the "Drag Here" section

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Setup the audio to wav format

- 1. Set the audio to Waveform Audio WAV 48kHz 16-bit
- 2. Choose where the exported audio will be saved to.
- 3. Press the green play button to start the export.

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Make sure you are in Multitrack mode

- 1. Make sure Global Clip Stretching (the little clock icon) is enabled.
- 2. move your cursor over the little white triangle in the corner and it should change to a stop watch.
- 3. Move your cursor to the left to speed up the clip and to the right to slow it down.

